

Why Christians Do Communion?

It's not about the bread and wine; it's about the body and blood of Jesus.

It's not about the ritual or the method; it's about listening to Jesus and doing what He says.

Communion is not an obligation, but a celebration.

Communion celebrates the Gospel: Jesus was broken for us so that we can be fixed by Him.

Celebrating communion marks the story of Jesus, how He gave Himself completely to give us a better life, a new start, and a fresh relationship with God ([1 Peter 3:18](#)). It's not about a ritual to revere, but a person to worship. Jesus is less concerned about the method of celebrating communion and more concerned that we celebrate it.

As often as we remember Jesus, we should celebrate Jesus.

Communion is important because it's a command to remember. Jesus wants us to remember every time we taste bread and wine, and even when we sit at the tables in our own homes, that He is the one who provides all we need. He gives us the physical food that we need to survive and the spiritual nourishment we need to keep taking next steps with Him.



“Every time we gather around bread and wine, in church or in our homes, we remember Jesus is the one who provides *all* we need.”

